# Fighting loneliness among elderly How to alleviate?

### **BACKGROUND**

Loneliness is widely prevalent among elderly and a growing problem for society and professionals. Loneliness is a complex problem due to the heterogeneity. Various interventions have been developed to address loneliness. It is though hard for professionals to select suitable interventions and to implement them.

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## OBJECTIVE

To exchange good practices in alleviating loneliness and to evaluate them regarding content of intervention, required role of professional to implement, and necessary skills to carry it out.

#### **METHOD**

Sitevisits by international expert group in six countries. Evaluation of local good practices. Discussion and exchange of evaluation outcomes in local (national) and international expert groups.

#### Local (national) International expert group expert group Exchange and evaluation of good practices Content intervention **Evaluation of outcomes** Roles professionals of good practices Required skills Context **Rotterdam** Nacka Venice Roeselare Education Policy **Practice Elderly** Crete Marseille Sweden Belgium The Greece Italy France Netherlands

#### **RESULTS**

The results of the project will be:

- Overview of interventions and description of roles and skills of relevant professionals to implement and carry out the interventions in a consistent way.
- Knowledge on conditions that influence the implementation processes.
- Input and ideas for (international) education programs.

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